

# GO Run For Fun

## Event in a Box programme



"It was nice that we could adapt it for our own school, there was flexibility. Support was great and all pupils were able to either run/walk with one child using his wheelchair. Fits in with so many areas of the curriculum."

- Deidre O'Reilly, Mill Strand Integrated Primary School

**Your 5 Step Event Planning Guide**

**Host Your Own GO Run For Fun Event**

GO Run For Fun is an international campaign aiming to get children active through running. Since starting in 2013, there have been over 290,000 children participating in events worldwide.

**STEP 2. Engaging The Whole School**  
MISSION: To involve everyone in the event as a runner or volunteer helper

Role and responsibilities	Who
Task	
E.G. Pupil Aider	Specific teacher
Running buddies	T/2 classes
Media Champions	
Mentors	

**Seat 2 Feet Training Plan**  
6 WEEKS

**What's in the box?**

- 5 Step Event Planning Guide
- USB with Downloadable Resources
- Post-Event Feedback Form

**First Impressions Feedback**

Before you receive any further please fill in your first impressions on the box sent contents

Name: \_\_\_\_\_

Your role in school \_\_\_\_\_

Please Rate (using smileys) \_\_\_\_\_

Look at the site \_\_\_\_\_

Quality of the box & contents \_\_\_\_\_

Date of your event \_\_\_\_\_

Any Comments \_\_\_\_\_

**Please send a picture of this feedback to: [info@gorunforfun.com](mailto:info@gorunforfun.com)**

**STEP 3. Creating Your In-School Route**  
MISSION: To find a suitable route in school for your event

**Example Maps**

"The fun run was a really enjoyable day for all the children. Many children got a great sense of achievement [...] I received hugely positive feedback from teachers, children and parents."

- Patrick Lowery, St Brigid's Primary School

**100%**  
schools stated they would deliver the event again

**100%**  
voted the T-Shirts as 'Very Useful' or 'Essential'

**93%**  
schools voted the event 'Good' or 'Fantastic'

## What is Event in a Box?

Our 'Event in a Box' package provides everything you need to host your own in-school fun run.

For a limited time, we're offering UK primary schools the chance to receive a free 'Event in a Box'.

This includes: an easy-to-follow guide, a T-shirt for each child running, and exciting event day resources.

All you need to do is complete our fun and educational Health & Wellbeing Programme with your class or school.

The 6-week programme aims to help primary school children live happy healthy lives through inspiring activities & resources.

The programme is designed to be flexibly delivered to suit each class/school with minimum teacher input, that will enhance pupil's health and well-being now and into the future.

The programme provides excellent opportunities for the pupils' character development, including resilience, confidence and leadership.



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[www.gorunforfun.com](http://www.gorunforfun.com)